

Understanding asthma and type 2 inflammation: what you need to know to help your child's condition



FOR PARENTS AND CAREGIVERS
OF CHILDREN OVER THE AGE OF 6

Rethink
*your
child's* Asthma

There can be bad days

Running around, playing, having fun. It's what being a kid is all about. But when your child has asthma, it's not always easy for them to join in. And it could mean that your family's "normal" is a little bit different—with an extra set of signals and triggers that keep you in a state of high alert, trying to prevent the next asthma emergency.

Is your child having trouble with their asthma?

RETHINK YOUR CHILD'S ASTHMA IF THEY'RE:

- Experiencing daytime symptoms (e.g., cough, wheezing, chest tightness, shortness of breath) more than 4X a week
- Experiencing nighttime symptoms more than 1X a week
- Limiting activities that could trigger an attack
- Using an asthma rescue medication frequently

If any of the above applies to your child, it's important to know that there are treatment options.

The first step is to have a discussion with your child's doctor.

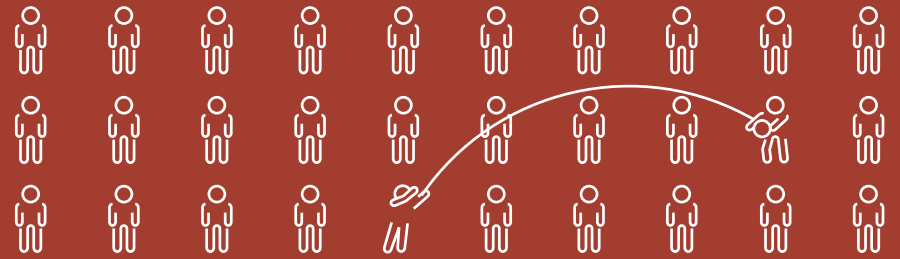


Science is evolving. So is our understanding.

In a US study of children and adults with self-reported current asthma, 85% of children had asthma with an underlying chronic inflammation that causes a systemic allergic response.

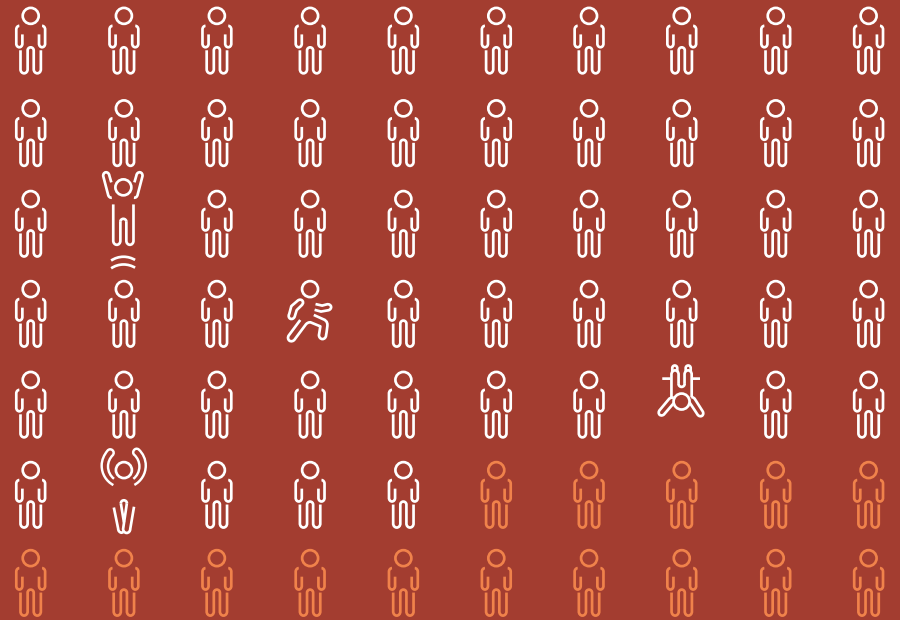
It's called **type 2 inflammation**.

It makes your child's immune system overreact to common triggers like dust and pollen. It can also cause other conditions in addition to asthma, including eczema and food allergies.



IN A US STUDY OF CHILDREN AND ADULTS WITH SELF-REPORTED CURRENT ASTHMA,

85% OF CHILDREN WITH ASTHMA HAVE TYPE 2 INFLAMMATION



Have a new conversation

Now that you're aware of type 2 inflammation, talk to your child's doctor or asthma specialist about the role that type 2 inflammation may be playing in your child's asthma, and treatment options that may help your child's asthma symptoms.



Use the discussion guide on the next page to help start a conversation.

Discussion guide

ANSWER THESE QUESTIONS WITH YOUR CHILD AND USE THEM AS A WAY TO BEGIN THE DISCUSSION WITH YOUR CHILD'S DOCTOR

When you and your family have a better understanding of your child's asthma, your child's doctor can get a better picture of their condition

1. Does your child have significant daytime asthma symptoms* more than 4X a week? Yes No
2. Does your child have significant nighttime asthma symptoms* more than 1X a week? Yes No
3. Does your child frequently need to use a quick-relief medication? Yes No
4. Are your child's asthma triggers changing or getting worse? Yes No
5. Does your child shy away from physical activities like running and active sports? Yes No
6. Does your child miss out on activities with their friends every week because of asthma? Yes No
7. Does your child become sad when they can't participate in activities with friends? Yes No
8. Do you or your child ask how long they'll have asthma? Yes No

You can take these questions with you when you see your child's doctor

* Asthma symptoms include cough, wheezing, chest tightness and shortness of breath.

Rethink *your child's* Asthma

Talk to your asthma specialist about type 2 inflammation.



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